



Wijaya International Medical Centre

POSITRON EMISSION TOMOGRAPHY/COMPUTED TOMOGRAPHY(PET/CT) CENTRE

PREPARATION INSTRUCTIONS

Please let us know if you are a diabetic or have claustrophobia.

Please let us know if you are on IV drip (glucose/lactose/dextrose drip should be stopped a day prior to scan)

Please let us know if you have a medical problem that may affect your ability to lie still for up to 1 hour.

If sedation is required, you are to bring someone with you and appropriate prior transport arrangements to and from the Medical Centre should be made.

Before Your Appointment:

You are strongly advised not to engage in strenuous muscular exercises at least two days before the scan.

In order for your PET/CT scan to be successful, structured instructions will be provided by our PET/CT staff. The necessary pre-examination instructions include:

- † **Fast at least 4 hours prior** - We recommend that you have nothing to eat for at least 4 hours prior to your test (except water and your usual medications).
- † **Drink water** - You are encouraged to drink 3-4 glasses of plain water, prior to arriving at WIMC.
- † **Consult us or your doctor, if you are diabetic** - please bring along your diabetic medication with you. All other medication can be taken prior to the test.
- † **Confirm your appointment 48 hours prior** - you must be confirmed for your appointment 48 hours prior to the test and a deposit would need to be paid.

On The Day Of Your Scan:

- † You are also encouraged to drink plenty of plain water, after the scan.

Depending on the specific area of the body to be scanned, it may be necessary to:

- † Administer a sedative/muscle relaxant/diuretic.
- † Place a urinary catheter into the bladder for the duration before the PET scan.
- † Administer a tablet to limit bowel movement.

Before Scanning:

Upon arrival at the PET/CT area, please inform our Radiographer on duty:

- † If you are likely to be pregnant (for female patient)
- † If you are breastfeeding (for female patient)
- † If you have any drug allergy (including x-ray contrast agents)
- † If you have diabetes mellitus

Our PET/CT staff will then take you to the injection room. A small blood sample for glucose assessment will be taken and a small intravenous cannula will be inserted. Both the blood test and the injection are necessary components of this study.

The PET/CT Scan

UPTAKE PHASE - You will be injected with a radiotracer and asked to lie quietly for about 1 to 1.5 hours. There are no side effects from this radiotracer. After this you will be transferred to the scan room.

SCANNING PHASE - You will then be scanned for about half to one hour. The time may vary dependant on the area being scanned. It is important that you allocate plenty of time (approx 2 to 3 hours) to be at the Medical Centre.

* In the event that the time and day fixed for scanning of the patient has to be postponed for any reason whatsoever including but not limited to the medical equipments involved experiencing a downtime, availability of medical specialists and production of the FDG solution, WIMC shall not be held responsible for any damages and losses suffered and expenses incurred by the patient as a result of such postponement.

IMPORTANT

A deposit of \$3,000 for confirmation of appointment.

There is no refund if examination is cancelled unless cancellation notice is received by 12pm the **day before** the scan.

Since you need to change into a hospital gown, metallic objects (watch, jewellery, keys etc) must be removed and kept in the locker provided. It would be advisable that such personal items be kept at home before coming into the Medical Centre.

Please bring along previous X-rays, CT, MRI or other scans taken within the last 6 months.

Please plan to arrive at the Medical Centre at least 30 minutes before your appointed time.

* I have been thoroughly briefed by the WIMC's representative on the procedures and fully understood the nature of the scan procedure. I hereby give my consent voluntarily and without any reservation for such procedures and treatments to be administered on me.

Name:
NRIC No:

Witnessed by:
NRIC No:

For any questions, please call the WIMC at 603-7620 7979.

WIJAYA INTERNATIONAL MEDICAL CENTRE
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